



Atlantic University

Required Books in Distance Learning Courses

Note: prices reflect current market price on Amazon.com. Used versions of the text books may be available and perfectly suitable.

All students should purchase the APA edition to ensure they meet Atlantic University's required writing style:

APA -Publication Manual of the American Psychological Association, Sixth Edition ISBN-10: 1433805618 ISBN-13: 978-1433805615 PRICE: @\$14.00

CORE REQUIRED COURSES

HMT 540: SPIRITUAL CRISIS

Grof, S. & Grof, C. (1992). *The stormy search for self: A guide to personal growth through transformational crisis*. New York, NY: Tarcher/Putnam. ISBN-10: 087477649X. Price: \$11.53

McMillin, D. (1997). *Case studies in schizophrenia: Based on the edgar cayce health methods*. Virginia Beach, VA: A.R.E. Press. ISBN-10: 0876043821. (Note: this book is supplied with course materials upon enrollment.)

Andreasen, N. (1984). *The broken brain: The biological revolution in psychiatry*. New York, NY: Harper-Collins. ISBN-10: 0060152818. Price: \$15.00

Jamison, K. (1993). *Touched with fire: Manic-depressive illness and the artistic temperament*. New York, NY: Free Press Paperbacks. ISBN-10: 068483183X. Price: \$10.88

HMT 540: SPIRITUAL CRISIS (15 Week Course format – Effective 8-30-10)

Grof, S. & Grof, C. (1992). *The stormy search for self: A guide to personal growth through transformational crisis*. New York, NY: Tarcher/Putnam. ISBN-10: 087477649X. Price: \$11.53

McMillin, D. (1997). *Case studies in schizophrenia: Based on the edgar cayce health methods*. Virginia Beach, VA: A.R.E. Press. ISBN-10: 0876043821. (Note: this book is supplied with course materials upon enrollment.)

Andreasen, N. (1984). *The broken brain: The biological revolution in psychiatry*. New York, NY: Harper-Collins. ISBN-10: 0060152818. Price: \$15.00

The following required videos are contained within the course:

Jamison, K. (July 30, 2009). *Music and the brain: depression and creativity symposium* (video). Presented at the Library of Congress.

Lukoff, D. (June 15, 2009). *Spiritual Emergence Part 1* (video). Presented at Santa Rosa Junior College.

Lukoff, D. (June 15, 2009). *Spiritual Emergence Part 2* (video). Presented at Santa Rosa Junior College.

TS 501: INTRODUCTION TO TRANSFORMATIVE STUDIES

Kornfield, J. (1993). *A path with heart*. New York, NY: Bantam Books. (Paperback). ISBN-10: 0553372114. Price: \$12.24

Palmer, H. (1998). *Inner knowing*. New York, NY: Tarcher/Putnam. (Paperback). ISBN-10: 0874779367. Price: \$11.53

Bro, Harmon. (1989). *A seer out of season: The life of edgar cayce*. New York, NY: St. Martin's Press. (Paperback). ISBN 0-312-95988-5. \$6.95.

Bolles, R. (2005). *How to find your mission in life*. Berkeley, CA: Ten Speed Press. ISBN-10: 1580087051. Price: \$7.99

Or, the contents of this book, pertaining to this course, are also found in most editions of:

Bolles, R. (2010). *What color is your parachute?* Berkeley, CA: Ten Speed Press. ISBN-10: 1580089879. Price: \$12.91.

TS 501: INTRODUCTION TO TRANSFORMATIVE STUDIES (15 Week Course format-Effective 8-30-10)

Mayer, E. (2007). *Extraordinary knowing*. New York, NY: Bantam Books. ISBN 978-0-553-38223-5. \$15.00.

Thurston, M. (Ed.) (2004). *The essential edgar cayce*. New York, NY: Tarcher/Putnam. ISBN 1-58542-315-7. \$14.95.

Palmer, H. (Ed.) (1998). *Inner knowing*. New York, NY: Tarcher/Putnam. ISBN 0-87477-936-7. \$15.95.

Schlitz, M. (2007). *Living deeply*. Oakland, CA: New Harbinger Publications, Inc. ISBN 978-1-57224-533-4. \$16.95.

Kornfield, J. (1993). *A path with heart*. New York, NY: Bantam Books, New York. ISBN 0-553-37211-4. \$14.95.

Bro, H. (1989). *A seer out of season*. New York, NY: St. Martin's Paperbacks. ISBN 0-312-95988-5. Price: \$6.95.

TS 506: THE INNER LIFE: DREAMS, MEDITATION & THE IMAGINATION

Reed, Henry. *The Dream Interpretation Workout Video*. (Both the MPEG version of the video and the transcript – are included with the course CD. If you desire to obtain the DVD, it is available at <http://tinyurl.com/yw2d6d>

The individual workouts can be viewed at youtube.com. The URLs are as follows:

Workout #1 (part 1): <http://www.youtube.com/watch?v=ICRUGy7cwR4>

Workout #1 (part 2): <http://www.youtube.com/watch?v=xq1198sBGR0>

Workout #2: <http://www.youtube.com/watch?v=DNlpyS3hDj0>

Workout #3: <http://www.youtube.com/watch?v=3WM1rs3hP7Q>
Workout #4: <http://www.youtube.com/watch?v=7IprpMqRQrk>
Workout #5: <http://www.youtube.com/watch?v=Pn4AOk53kk0>
Workout #6: <http://www.youtube.com/watch?v=CbIB07aCgXU>
Workout #7: <http://www.youtube.com/watch?v=7eHDwt7Ib6g>

Van de Castle, R. (1994). *Our dreaming mind*. New York, NY: Ballantine Books. ISBN-10: 034536435X. Price: \$6.00 used.

Reed, H. (2009). *Dream solutions: The dream quest guidebook*. Rancho Mirage, CA: We Publish Books/Hermes Home Press. Price: \$29.95. ISBN: 1929841302.

(Current edition is self-published. Text only version provided on the Course CD. [dreamsolutionstext.pdf](#)) The latest edition of this book is available for sale for \$29.95 at <http://tinyurl.com/2u489z>

Kornfield, J. (1993). *A path with heart*. New York, NY: Bantam Books. (Paperback). ISBN-10: 0553372114. Price: \$12.24
(You should have this book from your work in TS 501.)

Edwards, B. (1999). *The new drawing on the right side of the brain*. New York, NY: Tarcher/Putnam. **ISBN-10:** 0874774195. Price: \$25.60.

Watkins, M. (1984). *Waking dreams*. New York, NY: Spring Publications. **ISBN-10:** 0882143247. Price: \$17.55.

(This book is out of print and permission has been secured from the publisher to include a copy of it on the course CD.) However printed copies are generally available from used book sellers.

In addition to the above texts and video, for Learning Module V, you will need a 9" x 12" drawing pad. It is recommended that you purchase a Strathmore 400 Series drawing pad or equivalent quality pad. You will also need a regular #2 pencil (this is the equivalent of a HB drawing pencil). If you cannot get a drawing pad, the assignments for this module can be done on regular typewriting paper.

TS 506: THE INNER LIFE: DREAMS, MEDITATION & THE IMAGINATION
(15 Week Course format- Effective 8-30-10)

Davenport, L. (2009). *Healing and transformation through self-guided imagery*. Sonoma, CA: Celestial Arts. Price: \$11.96. ISBN: 1587613247.

Feinstein, D. & Krippner, S. (2008). *Personal mythology: Using ritual, dreams, and imagination to discover your inner story*. Santa Rosa, CA: Energy Psychology Press. Price: \$12.89. ISBN: 160415036X.

Kornfield, J. (2008). *Meditation for beginners*. Boulder, CO: Sounds True. ISBN: 1591799422. Price: \$10.17.

Moss, R. (2009). *The secret history of dreaming*. Novato, CA: New World Library. ISBN: 157731901X. Price: \$10.85.

Reed, H. (2009). *Dream Solutions: The Dream Quest Guidebook*. Rancho Mirage, CA: We Publish Books/Hermes Home Press. ISBN: 1929841302. Price: \$29.95.

TS 590: TRANSPERSONAL RESEARCH METHODS

(15 Week Course Format – Effective 08-30-10)

Braud, W. & Anderson, R. (Eds.). (1998). *Transpersonal research methods for the social sciences: Honoring human experience*. Thousand Oaks, CA: Sage Publications. ISBN-10: 0761910131. Price: \$60.53. Used: \$27.62

EACH TRACK MAY HAVE FURTHER REQUIRED COURSES

- ADDITIONAL COURSE LIST-

AS 501: INTRODUCTION TO TRANSFORMATIONAL ASTROLOGY

(15-week Course Format – Effective 08-30-10)

Tarnas, R. (2006). *Cosmos & psyche*. New York, NY: Viking Penguin. ISBN-10: 067003292. Price: \$29.95.

Gammon, M. & Church, W.H. (1998). *Edgar cayce's astrology for the soul*. Virginia Beach, VA: A.R.E. Press. ISBN-10: 0876044119. Price: \$17.00 used.

Arroyo, S. (1992). *Astrology, karma & transformation: The inner dimensions of the birth chart*. Davis, CA: CRCS Publications. ISBN-10: 0916360547. Price: \$13.57.

AS 515: MYTHOLOGY & SYMBOLISM; PATHWAY TO TRANSFORMATION

Campbell, J. (1998). *The power of myth*. New York, NY: Doubleday. ISBN-10: 0385247745

Feinstein, D. & Krippner, S. (1988). *Personal mythology: The psychology of your evolving self*. Los Angeles, CA: Tarcher/Putnam. ISBN-10: 0874774837. Price: \$8.90

CS501 – CREATIVITY

(15-week Course Format – Effective 08-30-10)

Andreasen, N.C. (2006). *The creative brain*. New York, NY: Plume. ISBN 0-452-28781-2

Amoroso, Ph.D., J. (2009). *Awakening past lives: A guidebook to self exploration*. (Included in the course.)

Csikszentmihalyi, M. (1996). *Creativity*. New York, NY: Harper Perennial. ISBN 0-06-092820-4 \$23.00

Weisberg, R. W. (2006). *Creativity*. Hoboken, NJ: Wiley. ISBN 13:978-0-471-73999-9 \$60.00
Everything DiSC, Contact your mentor for this material.

CWT 520: EXPLORING YOUR INNER WORLD THROUGH PERSONAL WRITING

Baldwin, C. (1990). *Life's companion: Journal writing as a spiritual quest*. New York, NY: Bantam. ISBN-10: 0553352024. Price: \$11.56.

Ivers, M. (1993). *The random house guide to good writing*. New York, NY: Random House. ISBN-10: 0345379969. Price: \$6.99.

IS 502: SHAMANISM: THEORY AND APPLICATION

Harner, M. (1990). *The way of the shaman*, 3rd ed. San Francisco, CA: Harper. ISBN-10: 0062503731. Price: \$10.87.

Supplemental reading is required for this course. Additional book options are listed in the Study Guide.

IS 520: BECOMING A TEACHER OF DREAM INTERPRETATION

Note: All course text materials are included on the course CD

Thurston, M. (1994). *How to interpret your dreams*. Virginia Beach, VA: ARE Press. ISBN 0-87604-107-1 \$12.95

(Relevant portions of this book accompany the Internet version of this course.)

Van de Castle, R. (1994). *Our dreaming mind*. New York, NY: Ballantine Books. ISBN-10: 034536435X. Price: \$6.00 used.

In addition, this Study Guide includes an extensive collection of supplements

IS 525: BECOMING A TEACHER OF FINDING YOUR MISSION IN LIFE

Note: All required course text materials are included on the course CD

Thurston, M. (1997). *Soul-purpose: Discovering and fulfilling your destiny*. New York, NY: St. Martin's Press. ISBN-10: 0312963270. Price: \$31.59.

IS 535: BECOMING A TEACHER OF MEDITATION AND THE INNER LIFE

Note: All course text materials are included on the course CD

Thurston, M. (1996). *The inner power of silence: A universal way of meditation*. Virginia Beach, VA: A.R.E. Press. ISBN-10: 0876043643. Price: \$5.00.

Thurston, M., & Thurston, S. (2001). *Twelve positive habits of spiritually centered people*. Virginia Beach, VA: A.R.E. Press. ISBN-10: 0876044283. Price: \$12.95.

Peterson, R. (1990). *Creative meditation: Inner peace is practically yours*. Virginia Beach, VA: A.R.E. Press. ISBN-10: 0876042558. Price: \$3.62

IS 540: SYNCHRONICITY AND DIVINATION IN SPIRITUAL MENTORSHIP

Thurston, M. (1997). *Synchronicity as spiritual guidance*. Virginia Beach, VA: A.R.E. Press. ISBN-10: 0876043775. Price: \$14.95

Reed, H. & English, B. (2000). *The intuitive heart*. Virginia Beach, VA: A.R.E. Press. ISBN-10: 0876044747. Price: \$29.63.

Reed, H. *Divination: Intuition and synchronicity*. Two Part Video. Volume One: Knowing Divine Mind. Volume Two: The Divine Play (Hermes Home Press)

Note: Both of these videos are available for online viewing at no cost and as DVDs for purchase (see <http://www.creativespirit.net/learners/AUDivinationvideo.htm> for more details and live links). Or, you may access Video 1 and Video 2 from live links contained on the Course CD.

IS 545: PRINCIPLES AND PRACTICES OF SPIRITUAL MENTORSHIP

Guenther, M. (1992). *Holy listening: The art of spiritual direction*. Boston, MA: Cowley Publications. ISBN-10: 1561010561. Price: \$12.78.

Anderson, K. & Reese, R. (1999) *Spiritual mentoring: A guide for seeking and giving direction*, Downers Grover, IL: Intervarsity Press. ISBN-10: 0830822100. Price: \$10.20

Barry, W.A. & Connolly, W. J. (2009). *The Practice of spiritual direction*. New York, NY: HarperCollins. ISBN-10: 0061652636. Price: \$10.19.

IS 545: PRINCIPLES AND PRACTICES OF SPIRITUAL MENTORSHIP

(15-week online format, effective 08-30-10)

Required texts:

Guenther, M. (1992). *Holy listening: The art of spiritual direction*. Boston: Cowley Publications. <http://www.amazon.com/Holy-Listening-Art-Spiritual-Direction/dp/1561010561>

Anderson, K. & Reese, R. (1999). *Spiritual mentoring: A guide for seeking and giving direction*. Downers Grover, Illinois: Intervarsity Press. http://www.amazon.com/Spiritual-Mentoring-Seeking-Giving-Direction/dp/0830822100/sr=1-1/qid=1164423573/ref=pd_bbs_sr_1/102-3962062-8472151?ie=UTF8&s=books

Barry, W. J., Connolly, W. J. (1986) *The practice of spiritual direction*. New York: HarperCollins. ISBN#: 0-86683-95108. <http://www.amazon.com/Practice-Spiritual-Direction-William-Barry/dp/0866839518>

Supplemental texts:

Yogananda, P. (1946). *Autobiography of a yogi*. Los Angeles: Self-Realization Fellowship. <http://www.amazon.com/exec/obidos/ISBN%3D0876120796/theroyalcarpetA/107-5922205-3175764>

Muktananda, S. (2000). *Play of consciousness*. South Fallsburg, New York: Siddha Yoga Publications. http://www.amazon.com/exec/obidos/ASIN/0911307818/o/qid=980723181/sr=8-1/ref=aps_sr_b_1_1/107-5922205-3175764

Lhalungpa, L. P. (1992) *The life of Milarepa: A new translation from the Tibetan*. New York: Penguin. <http://www.amazon.com/exec/obidos/ASIN/0140193502/dharmahavenA/107-5922205-3175764>

LP500: INTRODUCTION TO LEADERSHIP AND CONFLICT TRANSFORMATION

Autry, J.A. (2001). *The servant leader: How to build a creative team, develop great morale, and improve bottom line performance*. New York, NY: Three Rivers Press. ISBN-10: 1400054737. Price: \$10.00

Kraybill, R. *Transforming the peacebuilder*. (With special permission from the author – included on the Course CD disk.)

Diamond, L. (2001). *The peace book*. Bristol, VT: The Peace Company. ISBN-10: 1573247707. Price: \$2.44.

LP507: LISTENING AND DIALOG

Contact Mentor for syllabus

LP508: LEADING FROM THE INSIDE OUT

Joseph J. (1996). *Synchronicity: The inner path of leadership*. San Francisco, CA: Berrett-Koehler Publishers. ISBN-10: 1576750310. Price: \$15.61.

Senge, P., Scharmer, C.O., Jaworski, J., & Flowers, B.S. (2005). *Presence: An exploration of profound change in people, organizations, and society*. New York, NY: Doubleday. ISBN-10: 038551624X. Price: \$18.45

Additional online readings will also be required.

LP511: MORAL DIMENSIONS OF LEADERSHIP & CONFLICT TRANSFORMATION

Ciulla, J.B. (2003). *The ethics of leadership*. Belmont, CA: Wadsworth/Thomson Learning. ISBN-10: 0155063170. Price: \$53.05.

LP550: INTERNSHIP IN LEADERSHIP AND CONFLICT TRANSFORMATION

Contact Mentor for syllabus

LP552 /TS 552: LEADERSHIP AND LEARNING

Glazer, S. (Ed.). (1999). *The heart of learning: Spirituality in education*, New York, NY: Jeremy Tarcher/Penguin. ISBN-10: 0874779553. Price: \$11.53

Miller, R. (1997). *What are schools for?: Holistic education in american culture* (3rd Ed.). Brandon, VT: Holistic Education Press. ISBN-10: 0962723207. Price: \$2.00 used (out of print).

Palmer, P.J. (1993). *To know as we are known: Education as a spiritual journey*. San Francisco, CA: HarperSanFrancisco. ISBN-10: 0060664517. Price: \$9.79.

TC 510: PSYCHOLOGY OF MEN AND WOMEN

Tuana, N. (1993). *The less noble sex*. Bloomington, IN: Indiana University Press. ISBN-10: 0253208300. Price: \$19.95

Jordan, J.V., Kaplan, A.G., Miller, J.B., Stiver, I.P., & Surrey, J.L. (1991). *Women's growth in connection: Writings from the stone center*. New York, NY: Guilford Press. ISBN-10: 0898624657. Price: \$22.50.

Keen, S. (1992). *A fire in the belly*. New York, NY: Bantam. ISBN-10: 0553351370. Price: \$10.88

Borysenko, J. (1998). *A woman's book of life*. New York, NY: Riverhead Books. ISBN-10: 1573226513. Price: \$9.50 used.

TH 501: SPIRITUAL APPLICATIONS OF SELF HYPNOSIS

Bolduc, H.L. (2002). *Self-Hypnosis: Creating your own destiny*. Independence, VA: Adventures Into Time Publishing.

(This book is available online at www.henrybolduc.com , or you may access a copy of the book on the Course CD.)

Bolduc, H.L. (2004). *The journey within: Past life regression and channeling*. Independence, VA: Adventures Into Time Publishing.

(This book is available online at www.henrybolduc.com , or you may access a copy of the book on the Course CD.)

Hudson, T.J. (2007). *Law of psychic phenomena: A working hypothesis for the systematic study of hypnotism, spiritism and mental therapeutics*. Whitefish, MT: Kessinger Publishing. ISBN-10: 0548000123. Price: \$37.96.

(Using the following web site, you may download the entire book:

<http://www.psitek.net/pages/PsiTekTLOPPContents.html> or you may access a copy of the book on the Course CD.)

TS 502: PRINCIPLES OF PARAPSYCHOLOGY

Broughton, R. (1991). *Parapsychology: The controversial science*. New York, NY: Ballantine. ISBN-10: 0345356381. Price: \$16.94.

Supplemental reading is required for this course. Additional book options are listed in the Study Guide.

TS 503: ORIGIN AND DESTINY OF HUMAN CONSCIOUSNESS

Wilber, K. (1996). *Up from eden: A transpersonal view of human evolution*. Wheaton, IL: Quest Books. ISBN-10: 0835607313. Price: \$13.57.

Supplemental reading is required for this course. Additional book options are listed in the Study Guide. In addition there are articles presenting alternative points of view and additional information; these are included with this Study Guide.

TS 505: THE TRANSPERSONAL VIEW OF EDGAR CAYCE

Thurston, M. (1996). *The great teachings of edgar cayce*. Virginia Beach, VA: A.R.E. Press. ISBN-10: 0876043600. Price: \$5.58 used.

Thurston, M. (1997). *More great teachings of edgar cayce*. Virginia Beach, VA: A.R.E. Press. ISBN-10: 0876043961. Price: \$1.50 used.

Johnson, P. (1998). *Edgar cayce in context*. Albany, NY: State University of New York Press. ISBN-10: 0791439062. Price: \$21.95.

26 episodes of “The New Millennium,” a television series produced at the studios of PBS-affiliate WHRO in Norfolk, Virginia. (included on the Course CDs)

TS 507: LEADING ISSUES IN TRANSPERSONAL PSYCHOLOGY

McIntosh, S. (2007). *Integral consciousness and the future of evolution*. New York, NY: Continuum. ISBN-978- 1557788672. Price: \$16.47.

TS 507: LEADING ISSUES IN TRANSPERSONAL PSYCHOLOGY

(15-week Course Format – Effective 08-30-10)

Harding, D. *On having no head: Zen and the rediscovery of the obvious*. Revised Edition. Carlsbad, CA: Inner Directions, 2002. [Link to Amazon.com](#)

Mcintosh, Steve. *Integral Consciousness and the Future of Evolution*. New York: Continuum, 2007. [Link to Amazon.com](#)

Mansfield V. *Head and Heart: A Personal Exploration of Science and the Sacred*. Wheaton, IL: Quest Books, 2002. [Link to Amazon.com](#)

Robertson, R. *Indra’s Net: Alchemy and Chaos Theory as Models for Transformation*. Wheaton, IL: Quest Books, 2009. [Link to Amazon.com](#)

TS 508: RELIGION, SPIRITUALITY, AND THE TRANSFORMATIVE

Smith, H. (1991). *The world’s religions*. New York, NY: HarperCollins. ISBN-10: 0062507990. Price: \$12.48 used

(This book is required only for students who have little or no background in Eastern and Western religions.)

James, W. (1936). *The varieties of religious experience*. New York, NY: Modern Library. (This text is also available on line at www.psywww.com/psyrelig/ There is also a copy of the book on the course CD.)

Elkins, D. (1998). *Beyond religion*. Wheaton, IL: Quest Books. ISBN-10: 083560764X. Price: \$16.95.

Hanh, T.N. (1998). *The heart of the buddha’s teaching*. New York, NY: Broadway Books. ISBN-10: 0965856267. Price: \$9.25 used.

Armstrong, K. (2007). *The bible: A biography*. New York, NY: Atlantic Monthly Press. ISBN-10: 0871139693. Price: \$14.93.

Easwaran, E, (trans.). (1985). *The bhagavad gita*. Tomales, CA: Nilgiri Press.
(This text is available in many translations and is also available online. Any translation is fine.)

Note: You will need access to the film "Pleasantville" Other texts, novels, and videos will vary depending on the options the student chooses in Module 4. Students do not necessarily have to purchase any of these other resources so long as they have access to them while completing the module.

TS 508: RELIGION, SPIRITUALITY, AND THE TRANSFORMATIVE

(15-week online format, effective 08-30-10)

Matthews, W. (2010). *World religions* (6th Ed.). Belmont, CA: Wadsworth. ISBN: 0495603856. Price: [\\$97 new](#); [~\\$55 used](#)

Smith, H. (2009). *The world's religions* (50th anniversary Ed.). New York, NY: HarperCollins. ISBN: 9780061660184. Price: [\\$11.55](#)

Ullman, R. & Reichenberg-Ullman, J. (Eds.). (2001). *Mystics, masters, saints, and sages: Stories of enlightenment*. Berkeley, CA: Conari Press. ISBN: 1573245070. Price: [\\$19.75](#)

TS 511: THE NATURE OF CREATIVITY

Edwards, B. (1987). *Drawing on the artist within: An inspirational and practical guide to increasing your creative powers*. New York, NY: Simon & Schuster. ISBN-10: 067163514X. Price: \$12.87.

TS 512: CREATING A MEANINGFUL LIFE

Levoy, G. (1997). *Callings: Finding and following the authentic life*. New York, NY: Harmony Books. ISBN-10: 0517705699. Price: \$14.99.

Csikszentmihalyi, M. (1998). *Finding flow: The psychology of engagement with everyday life*. New York, NY: Basic Books. ISBN-10: 0465024114. Price: \$10.17.

Jarow, R. (1995). *Creating the work you love*. Rochester, VT: Destiny Books. ISBN-10: 0892815426. Price: \$10.17.

Frankl, V. (1998). *The will to meaning: Foundations and applications of logotherapy*. New York, NY: Plume. ISBN-10: 0452010349. Price: \$10.20.

TS 530: THE HERO(INE)'S JOURNEY AND SPIRITUAL EMERGENCE

Campbell, J. (1998). *The power of myth*. New York, NY: Doubleday. ISBN-10: 0385247745

Note: video's available for free at <http://www.simoleonsense.com/video-series-bill-moyers-interviews-joseph-campbell-on-the-power-of-myth/>

Moody, H. (1997). *Five stages of the soul*. New York, NY: Doubleday. ISBN-10: 0385482256. Price: \$7.00

Grof, S., & Grof, C. (Eds.). (1989). *Spiritual emergency: When personal transformation becomes a crisis*. New York, NY: Tarcher/Putnam. ISBN-10: 0874775388. Price: \$10.85.

Pearson, C. (1991). *Awakening the heroes within*. San Francisco, CA: HarperSanFrancisco. ISBN-10: 0062506781. Price: \$14.82.

You may also use (Pearson's *The Hero Within*, 1989. ISBN-10: 006254862X Price: \$3.98) used-out of print, if you already have it. These books provide an introduction to the archetypes that inform our lives.

Grof, C. (1994). *The thirst for wholeness: Attachment, addiction, and the spiritual path*. New York, NY: HarperOne. ISBN-10: 0062503154. Price: \$10.87.
(included in the appendix of the course CD.)

TS565: DIRECTED STUDY COURSES

Contact Mentor for syllabus

TS572: SPECIAL TOPIC COURSES

Contact Mentor for syllabus

TS581: PERSONAL TRANSFORMATION: VISION AND COURAGE

Contact Mentor for syllabus

TS582: HEALING THE COURAGEOUS HEART

Contact Mentor for syllabus

TS600: CULMINATING PROJECT

This is a final project course.

TVA 500: INTRODUCTION TO VISUAL ART SKILLS: A TRANSPERSONAL APPROACH **(15-week Course Format – effective 08-30-10)**

Edwards, B. (1999). *The new drawing on the right side of the brain*. New York, NY: J.P. Tarcher, Inc./Putnam. ISBN-10: 087477424-1. Price: \$16.95

Cornell, J. (1997). *Drawing the light from within*. Wheaton, IL: Quest Books. ISBN-10: 0835607569. Price: \$15.61.

TVA 505: An Exploration of Western Art from an Esoteric Perspective

Arguelles, J. (1992). *The transformative vision*. Fort Yates, ND: Muse Publications. **ISBN-10:** 0963175009. Price: \$9.00

Gadon, E.W. (1989). *The once & future goddess*. New York, NY: Harper and Row. ISBN-10: 0062503545. Price: \$22.04.

Van Auken, J. (1999). *Ancient egyptian mysticism and its relevance to today's seeker*. Virginia Beach, VA: A.R.E. Press. ISBN-10: 0876044224. Price: \$11.66.

Lipsey, R. (1998). *An art of our own: The spiritual in twentieth century art*. Boston, MA:

Shambhala. ISBN-10: 0877733627. Price: \$36-100 used.

Regier, K. (1987). *The spiritual image in modern art*. Wheaton, IL.: The Theosophical Publishing House. ISBN-10: 083560621X. Price: \$9.32.

TVA 510: ACCESSING AND EXPRESSING THE HIGHER SELF THROUGH THE VISUAL ARTS

Required Book

Harner, M. (1990). *The way of the shaman* (3rd ed.). New York, NY: Harper and Row. ISBN-10: 0062503820. Price: \$16.15

Recommended Books

Reed, H. (2007). *Channeling your higher self*. Virginia Beach, VA: A.R.E. Press. ISBN-10: 087604531X. Price: \$13.68.

Sechrist, E. (1995). *Dreams: Your magic mirror*. Virginia Beach: A.R.E. Press. ISBN-10: 0876043538. Price: \$14.95

Sechrist, E. (1983). *Meditation: Gateway to light*. Virginia Beach, VA: A.R.E. Press. ISBN-10: 0876040628. Price: \$4.95.

TVA 514: MANDALA CREATION AS A TRANSFORMATIVE PRACTICE

Cunningham, B. (2002) *Mandala: Journey to the center*. New York, NY: DK Publishing, Inc. ISBN-10: 0789480654. Price: \$24.95.

Malchiodi, C. (2002). *The soul's palette: Drawing on art's transformative powers*. Boston, MA: Shambhala. ISBN-10: 1570628157. Price: \$11.53.

Fincher, S. (2010). *Creating mandalas: For insight, healing, and self expression*. New York, NY: Random House, Inc. ISBN-10: 1590308050. Price \$13.16.

Reed, H. (1996). *Awakening your psychic powers: Open your inner mind and control your psychic intuition today*. New York, NY: St. Martin's Press. ISBN-10: 0312958688. Price: \$7.99.

Argüelles, J., & Argüelles, M. (1995). *Mandala*. Boston, MA: Shambhala. ISBN-10: 1570621209. Price: \$35.75.

TVA 515: THE HEALING MODALITIES OF ART

Required Books

McMurray, M. (1990). *Illuminations: The healing image*. Berkeley, CA: Wingbow Press. ISBN-10: 0914728636. \$12.95.

Cornell, J. (2006). *Mandala*. Wheaton, IL: Quest Books. ISBN-10: 083560847-6. Price: \$4.48 used.

Recommended Books

Lewis, R. (1973). *Color and the edgar cayce readings*. Virginia Beach, VA: A.R.E. Press. ISBN-10: 0876040687. Price: \$4.95.

Campbell, D. (1998). *Edgar cayce on the power of color, stones, and crystals*. New York, NY: Warner Books. ISBN-10: 0446349828. Price: \$6.99 used.

Thurston, M. (1989). *How to interpret your dreams*. Virginia Beach, VA: A.R.E. Press. ISBN-10: 0876041071. Price: \$10.35 used.

Achterberg, J. (2002). *Imagery in healing: Shamanism and modern medicine*. Boston, MA: New Science Library. (2002). ISBN-10: 157062934X. Price: \$14.93.

TVA 520: A PERSONAL EXPLORATION OF THE POWER OF CREATIVE EXPRESSION

This course requires you to read a number of books from your chosen field of study. An extensive bibliography accompanies this course. With your mentor's approval, you may choose books from this bibliography, from the bibliographies of the textbooks that you have used in your other courses in this program of study, or you may come up with a list of appropriate books on your own.